



FIRST BAPTIST HEALTHCARE MINISTRY

BREAST CANCER AWARENESS MONTH

What is breast cancer?

Breast cancer is a disease in which cells in the breast grow out of control. There are different kinds of breast cancer. The kind of breast cancer depends on which cells in the breast turn into cancer.

Breast cancer signs and symptoms:

- ◉ New lump in the breast or underarm (armpit).
- ◉ Thickening or swelling of part of the breast.
- ◉ Irritation or dimpling of breast skin.
- ◉ Redness or flaky skin in the nipple area or the breast.
- ◉ Pulling in of the nipple or pain in the nipple area.
- ◉ Nipple discharge other than breast milk, including blood.
- ◉ Any change in the size or the shape of the breast.
- ◉ Pain in any area of the breast.

Fast Facts About Breast Cancer

- ◉ Each year in the United States, about 240,000 women get breast cancer and 42,000 women die from the disease.
- ◉ Men also get breast cancer, but it is not very common. About 1 out of every 100 breast cancers diagnosed in the United States is found in a man.
- ◉ Most breast cancers are found in women who are 50 years old or older, but breast cancer also affects younger women.

What can you do?

Proactively caring for your breasts can help detect cancer early, when it's usually more treatable. Be sure to consult your healthcare provider about recommended screenings. Stay aware of how your breasts look and feel, and don't hesitate to schedule an appointment if you notice any changes.

