

CPR & Emergency Response Training



Open to everyone – no medical background needed!
Learn simple, life-saving skills that could help a loved one, friend, or neighbor.

Class Options

- 🤝 Hands-Only CPR – 1.5 hrs – Free
- 👨‍👩‍👧 Friends & Family CPR – 3 hrs – Learn CPR for all ages, plus AED, Narcan, and EpiPen. (Free)

Upcoming Dates



September

- Thursday, September 25th – 11:00 AM–2:00 PM or 4:00–8:00 PM

October

- Wednesday, October 1st – 11:00 AM–2:00 PM and 4:00 PM–8:00 PM
- Saturday, October 11th – 10:00 AM–2:00 PM (backup date)
- Wednesday, October 15th – 11:00 AM–2:00 PM and 4:00 PM–8:00 PM

Location

📍 First Baptist Church – Highland Avenue
700 Highland Ave, Winston-Salem, NC 27101

⚠️ **Class size is limited – sign up early!**

Ways to Sign Up:

- **Scan the QR code** with your phone (see below).
- Click “[Register Here](#)” if you’re using your phone or computer.
- **Fill out a registration form**, available on the table across from the church office or on the ground floor next to the elevator.



[Register Here](#)

Unable to scan the QR code or open the ‘Register Here’ hyperlink? Try copying and pasting the following URL into your browser: <https://forms.gle/rohrM6qN1RBYvFXb6>

Questions? Contact: ✉️ Natasha Wilson; Email: wilsonn04@students.ecu.edu